



SOFFI® Virtual Full Course
Agenda Page 1 & 2, Learning Objectives Page 2, 3 & 4

Agenda Day One (Mountain Time)

6:00	-	7:15	Introduction, Welcome, Supporting Parents and Infants during Early Feedings in the Intensive Care Unit and at Home
7:15		7:45	Homeostasis as the Foundation for Feeding
7:45	-	8:00	Break
8:00	-	9:20	Homeostasis as the Foundation for Feeding; Development of Internal Regulation and Feeding
9:20	-	9:30	Break
9:30	-	11:00	Development of Internal Regulation and Feeding; Development of Feeding Skills in Infancy and Beyond
11:00	-	11:15	Break
11:15	-	12:30	Development of Feeding Skills in Infancy and Beyond

Agenda Day Two

6:00	-	7:45	Medical Issues that Influence Oral Feeding Skills
7:45	-	8:00	Break
8:00	-	9:20	Medical Issues that Influence Oral Feeding Skills; Understanding the Language of the Newborn
9:20	-	9:30	Break
9:30	-	11:00	Assessment: Finding the puzzle pieces
11:00	-	11:15	Break
11:15	-	12:30	Strategies to Support Internal Regulation using SOFFI®

Agenda Day Three

6:00	-	6:30	Strategies to Support Internal Regulation using SOFFI®
6:30		7:45	Strategies to Support Homeostasis during Oral Feedings using SOFFI® (1)
7:45	-	8:00	Break
8:00	-	9:20	Strategies to Support Homeostasis During Oral Feedings Using SOFFI® (2)
9:20	-	9:30	Break
9:30	-	11:00	Strategies to Support Homeostasis During Oral Feedings Using SOFFI® (3)
11:00	-	11:15	Break
11:15	-	12:30	Key Considerations for Supplemental Tube Feeding; Question & Answer

Learning Objectives Day One

Module 1 - Supporting Parents and Infants During Early Feedings in the Intensive Care Unit and at Home

- Explain how staff in the NICU can help parents while their infant is in the hospital
- Describe how fear affects ability to think
- Describe what families report as their experience of learning to feed their infant in the NICU
- List one skill parents say they need to be taught when feeding their baby in the NICU

Module 2 - Homeostasis as the Foundation for Feeding

- List the four subsystems of the Synactive Organization of Behavioral Development
- Discuss the concept of “Homeostasis” as it relates to development
- List the three hierarchies of the nervous system
- Summarize the effect of Classical Conditioning on what infants learn about eating

Module 3 - Development of Internal Regulation and Feeding

- Describe the importance of physiologic stability on feeding
- List at least one comorbid factor associated with slower feeding progression
- List what the autonomic nervous system involuntarily regulates
- List when the taste buds develop in the fetus

(continued)

Module 4 - Development of Feeding Skills in Infancy and Beyond

- List the two kinds of sensory receptors in/around the larynx
- Summarize the anatomical differences of the oral cavity between infants and adults
- Describe the difference between compression and suction
- Summarize the improvement in volume transfer between 32- and 36-weeks PMA

Learning Objectives Day Two

Module 5 - Medical Issues that Influence Oral Feeding Skills

- List at least two risk factors for ongoing feeding problems
- List at least one comorbidity factor that is associated with a longer transition to full oral feedings
- Summarize the possible dangers of medications for reflux

Module 6 - Understanding the Language of the Newborn

- Summarize the difference between positive and toxic stress
- List one each engagement and disengagement behavior
- Summarize signs of homeostasis during feeding

Module 7 - Assessment: Finding the puzzle pieces

- List the first step in the BROSS framework
- Define the defining characteristic of the Obligatory Step
- Summarize the differences between the Coordinated and Integrated steps

Module 8 – Strategies to Support Internal Regulation using SOFFI®

- Describe how the “just right challenge” is related to the feeling of safety in feeding and feeding therapy
- Summarize what the feeder should do when homeostasis is lost
- Summarize benefits associated with skin-to-skin (KMC) for mothers and for infants

Learning Objectives Day Three

Module 9 – Strategies to Support Homeostasis During Oral Feedings Using SOFFI®

- Identify at least one reported outcome of implementing feeding plans
- Calculate a 24-hour volume intake using per-feeding volumes and prescribed volumes
- Summarize why flow rates may change within a system and within the same equipment

Module 10 – Key Considerations for Supplemental Tube Feeding

- Describe at least one effect of long-term naso-gastric (NG) tube use on feeding development
- List at least one factor that impacts how tube feeding affects the development of normal eating and drinking
- Summarize the benefits of NG-tubes over G-Tubes